# Abercrombie & Kent EAST AFRICA

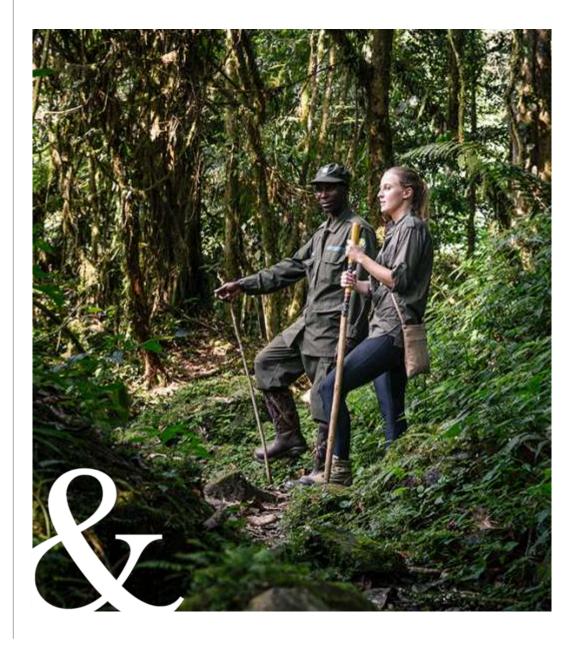
# ACTIVITIES & EXPERIENCES

UGANDA

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# Activities - Kampala & Entebbe



# UGANDA WILDLIFE EDUCATION CENTRE PROGRAMS

Be a keeper for a day - participate in all animal procedures and protocols at the facility together with a qualified keeper. Behind the Scenes Programme gives an inside view of what actually takes place in areas out of reach to the public including the animal holding facility, animal hospital and rescue centre.

#### **KASUBI TOMBS**

Built in 1881, Kasubi Tombs are a sacred burial ground of Buganda Kings which constitute almost 30 hectares of the hills ide within Kampala district. At its core on the hilltop is the former palace of the Kabakas of Buganda built in 1882 and converted into the royal burial ground in 1884.

#### THE NAMIREMBE CATHEDRAL

Namirembe Cathedral is recognized as the oldest cathedral in Uganda and is believed to be the largest protestant church in East Africa. The brick red Anglican Cathedral with its impressive dome is visible from much of Kampala making it a popular attraction. When considering a trip to Uganda most people think of gorilla tracking. Whilst this is the main, incredible, experience there are a number of other unique and different activities available in various areas of Uganda.

This activity & excursion document will provide you with an overview of what is available in each area listed.

Please contact us for the prices of the activities.

Please note that activities are subject to availability and
may be seasonal or specific to individual camps and lodges in each area.



# SUNSET CRUISE AND FISHING ON LAKE VICTORIA

Your guests can head out onto the lake and watch the sun slip below the horizon over Entebbe. Departure time is 5.00 pm and the cruise lasts for about two hours. There will be the opportunity to try fishing for the legendary giant Nile perch found in these waters as they explore the myriad of tiny islands found in this region of the lake. An experienced and knowledgeable fisherman captains each boat. Nile perch weighing over 150 lb are regularly caught on the lake. There is also the chance to stop at a traditional fishing village and see how the villagers live from day to day.





# Activities - Kampala & Entebbe



#### NAKASERO MARKET AND CRAFTS VILLAGE

Located on Market Street in the city centre, guests can experience the sounds and colour of Uganda in the heart of the city at Nakasero Market. On sale are a huge variety of fresh fruits and vegetables, mostly indigenous to Uganda. Also situated at the city centre, the 'village' has a number of stalls which sell unique souvenirs such cane ware, woodcarvings and trinkets from around Uganda.

#### NAMUGONGO MARTYRS SHRINE

The Martyrs shrine marks the spot where more than 20 newly converted Christians were burnt alive in 1886 on the orders of Kabaka Mwanga for failing to denounce their faith. Every 3rd of June, Christians from all parts of the world congregate at Namugongo to commemorate the lives of the Uganda Martyrs and their dedication to their religious beliefs.

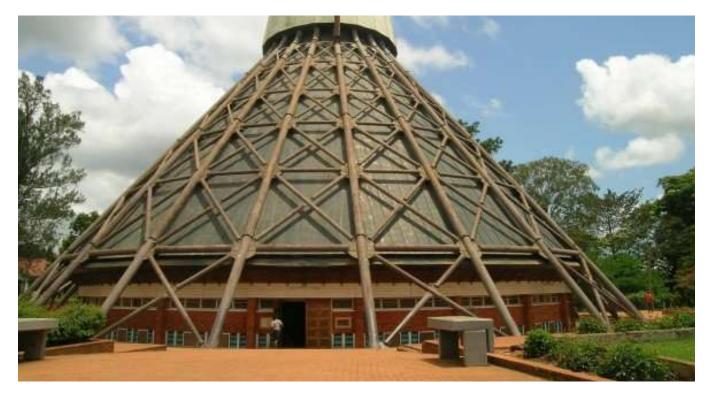
#### **KABAKA'S LAKE**

This man-made lake has a breath-taking view in the evening with the beauty of the setting sun and as the winds swerve through the tree leaves, birds spread out in the skies over the serene waters of the lake.

#### **ENTEBBE BOTANICAL GARDENS**

The beautifully landscaped gardens, established in 1901, lie on the shores of Africa's greatest lake. They offer a superb introduction to Ugandan birds and are situated conveniently close to the capital and international airport. The garden hosts a variety of different bird species and is also clouded with butterflies and a wide array of plants. The length of trip is completely up to your guest.





# Activities - Murchison Falls National Park



#### **BOAT RIDE ON THE NILE**

An interesting way to experience wildlife in Uganda is the boat trip down to the Nile – Lake Albert delta in Murchison Falls. The four hour voyage reveals plenty of wildlife including elephants and plenty of birds. There are various cruises that depart at different times including a wine and cheese cruise, a delta cruise and a sundowner cruise.

#### **BUSH BREAKFAST, LUNCH OR DINNER**

This is fantastic way to end an early morning game drive or to surprise your guests with a sumptuous lunch. Towards the end of their game viewing guests are driven to a private bush location where a full breakfast or BBQ lunch is arranged. A bar serving cold drinks including wine, beer, and soft drinks is also set up.

#### WALK TO THE TOP OF THE FALLS

Guests can walk up to the top of the falls from Fajao gorge. The trek takes between 45 – 60 minutes and requires a good fitness level. Once completed guests can either be collected by car to walk to the boat launch sight.

#### **FISHING IN THE NILE**

The Murchison Nile offers world class fishing such as the famous Nile Perch and abundance of Cat Fish - a record breaking 108 Kg Nile Perch was landed near the foot of the falls in 2002. Limited fishing gear and binoculars are available for rent at certain properties

#### **CHIMP TREKKING**

Kaniyo Pabidi forest is a beautiful natural forest dominated by giant mahogany and ironwood trees. Chimpanzees can be tracked from Kaniyo Pabidi tourism site, which is run by the Jane Goodall Institute.

#### HOT AIR BALLOONING

Your guests can watch herds of buffaloes and elephants as they fly silently on an early morning balloon flight. They will be transferred to the launching area at 05.30 where they will be served tea/coffee and given a flight briefing before take-off at 06.15. The flight takes one hour. Thereafter a full English breakfast will be served as well as sparkling (non-alcoholic) wine to toast the adventure.



# Activities - Kibale National Park







#### **GOLFING IN FORT PORTAL**

Golf enthusiasts visiting Kibale have the opportunity to play a round of golf, courtesy of the Toro Golf Club in Fort Portal. The golf players at the club form the backbone of the Ugandan National Team and your guests are able to test their skills and get some golfing tips from these talented players.

#### **BIGODI SWAMP WALK**

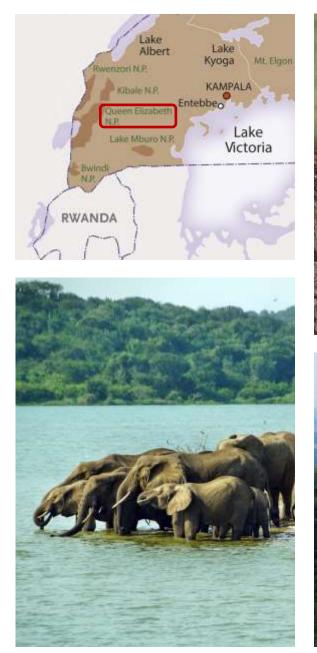
The Bigodi Swamp Sanctuary is an area of extensive biodiversity and is home to several primate species such as the red colobus monkey, vervet monkey and baboons. The area is a bird watchers paradise with over 200 recorded bird species. The walk takes about two hours and also includes a talk about the local community.

#### **CHIMPANZEE TRACKING**

Your guests will be allowed to spend some time (at most an hour) with our mesmerizing relatives, as they observe them feed, play about or progress speedily on the ground right in front of them. There are two treks a day, one in the morning at 8.00 and a one in the afternoon at 14.00. The treks are easy with flat ground and open pathways. A maximum of 16 trackers are allowed per session.



### Activities - Queen Elizabeth National Park







#### TREE-CLIMBING LIONS OF ISHASHA

Ishasha, in the southern part of the park, is home to the famous tree-climbing lions. Lions are generally not known as good tree climbers and only do so to escape the midday heat as well as to escape nasty bites from the tsetse fly. Tree climbing lions are only found in a few places in the world, one of them being the Ishasha Plains.

#### VISIT KYAMBURA GORGE

The Kyambura Game Reserve, also commonly referred to as the Kyambura Gorge, is in the northern section of the Queen Elizabeth National Park. The reserve is a diverse wildlife habitat and home to some of Uganda's habituated chimpanzees. Whilst guests are here they will be able to see some other primates including red-tailed monkeys, black and white colobus monkeys, baboons and vervet monkeys.

#### **KAZINGA CHANNEL CRUISE**

The Kazinga Channel connects Lake Gorge & Lake Edward in the Queen Elizabeth National Park. Your guests will be able to see a variety of wildlife along the shoreline on their cruise. The cruises depart at 11.00, 14.00 and 16.00.

#### KATWE EXPLOSION CRATER

Western Uganda is dotted with explosion craters - volcanic craters that had violent eruptions spreading ash and rock over a wide area. The huge Kyemengo Crater is the largest of the Katwe Explosion Craters. Guests can walk around the edge of the crater admiring the beautiful views.

### Activities - Bwindi Impenetrable Forest







#### **BATWA EXPERIENCE**

The Batwa Experience was created by the displaced Batwa pygmies to educate their children and to share their amazing heritage and traditions with the world. Guests will enjoy an incredible day hike in the rain forest with Batwa guides, see how the Batwa lived and hunted, learn about medicinal plants, and watch for animals and birds. They will share a traditional meal with the Batwa, hear ancient legends and traditional songs, and join in on a mock hunting party.

#### **GORILLA TRACKING**

A guide will escort your guests into the forest to find the Mountain Gorillas. The trekking may be fairly strenuous - up to six hours or longer is not uncommon – at relatively high altitude. They will get within meters of the family and spend up to one hour amongst them.

#### **COMMUNITY WALK**

On this walk your guests will meet the local medicine man, learn how to make gin from bananas, visit the Batwa people and look around the community hospital. The walk lasts for about four hours and gives guests an extraordinary look into the lives of the local people.



# Abercrombie & Kent Philanthropy - Bwindi Impenetrable Forest

Many A&K guests experience their journey's most impactful moments during a visit to an Abercrombie & Kent Philanthropy (AKP) partner community. Available on many Tailor Made Journeys, these visits afford a wealth of local interactions and insights your clients won't experience anywhere else. They can even extend the visit with additional activities such as local cycle tours and classroom visits.

Your clients may also opt to donate to an AKP project in advance of their visit. In return, they can see their donation at work during their stay, making for a truly moving way to mark a special occasion or family journey



#### EBENEZER PRIMARY SCHOOL

Your clients can visit the students and staff of Ebenezer Primary School, learning how the local community has partnered with A&K Philanthropy to provide a safe learning environment for the local children. Your clients' visit bears witness to a project in its infancy, providing an unvarnished glimpse into the challenges faced all too often by rural African communities such as this.

#### Donate Resources or Equipment to Ebenezer Primary School

Your guests can also arrange to donate resources or equipment to the local school in advance of their journey, affording the opportunity to witness the children benefitting from the gift during their visit. (Cost: \$500 - \$5,000)

#### **Bwindi Community Hospital & Nursing School**

In the rural village of Buhoma guests can see how the community has partnered with A&K Philanthropy to grow a remote medical outpost into a thriving health care oasis serving 100,000 Ugandans. After a tour of the children's ward and maternity wing, your guests will meet the local nursing school's students and explore their learning lab, gaining insights into their training and inspiring personal goals.

#### **Bwindi Women Bicycle Enterprise**

Your guests will meet the women who own and operate the Bwindi Women Bicycle Enterprise, a local co-operative. They will experience the shop at work and learn how these inspiring entrepreneurs have partnered with A&K Philanthropy to repair and resell second-hand bicycles as a means to support their families, broaden the community's mobility, and sustain a host of community outreach programs.

#### Extend the Visit with a Village Bicycle Tour

Your clients can grab a bike and ride out to explore a local village, meet the children and teachers of a nearby school, and take a tour of the Bwindi Community Hospital.

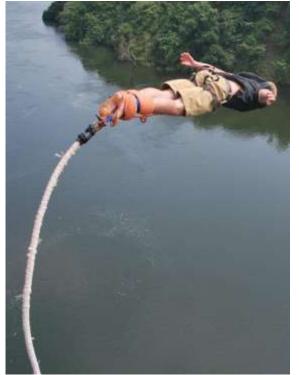




# Activities - Jinja









#### **QUAD BIKING**

Starting from the Bujagali Falls, a quad biking safari takes guests through forest and farms, past villages and along the banks of the River Nile. The rides are between one and four hours and are tailored to suit the riders ability, including children, and to give the best possible adventure. A free training session is given before the trip; protective clothing is also provided.

#### **BUNGEE JUMPING**

Thrill seekers can experience the ultimate adrenaline rush by leaping 44m over the source of the River Nile in this once in a lifetime adventure. Enjoy the spectacular views from the jump tower and remind your client to touch the Nile when they take the plunge!

#### WHITE WATER RAFTING

Jinja is best known as the source of the mighty Nile, the world's longest river, which winds its way through Uganda, Sudan and Egypt before disgorging its waters into the Mediterranean Sea. When the Nile leaves Lake Victoria it creates a multitude of thrilling rapids for your guests to ride down on. There are various levels for the serious thrill seekers down to those that are not that keen to capsize.



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