



GASTRO EXPERIENCES

with A&K Europe

There are few better ways of experiencing a different culture than by tasting it. Whether you want to get hands-on in a lesson, learn from a distance as a food or drinks expert takes care of preparation, or simply try the exquisite final product, Europe has a menu of options for every taste...

In this guide, we'd like to introduce you to some of our favourite gastro experiences - but this is only a glimpse of what we have to offer!





We can recommend classes, workshops, tastings and multi-day programmes for guests of different ages and interests, so, if these are the memorable experiences your client is seeking, get in touch with our dedicated travel experts for more details.

Remember that A&K Europe can tailor everything according to your client's desires - let them pick and choose the ideas they like and we'll drop it into their fully bespoke itinerary.



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How to use this guide

This guide showcases 8 gastro experiences in different locations across Europe. These can be added to your bespoke itinerary or, for ideas on how they fit into an extended tour, follow the links for a recommended multiday itinerary.





What's included?

All A&K gastro experiences include:

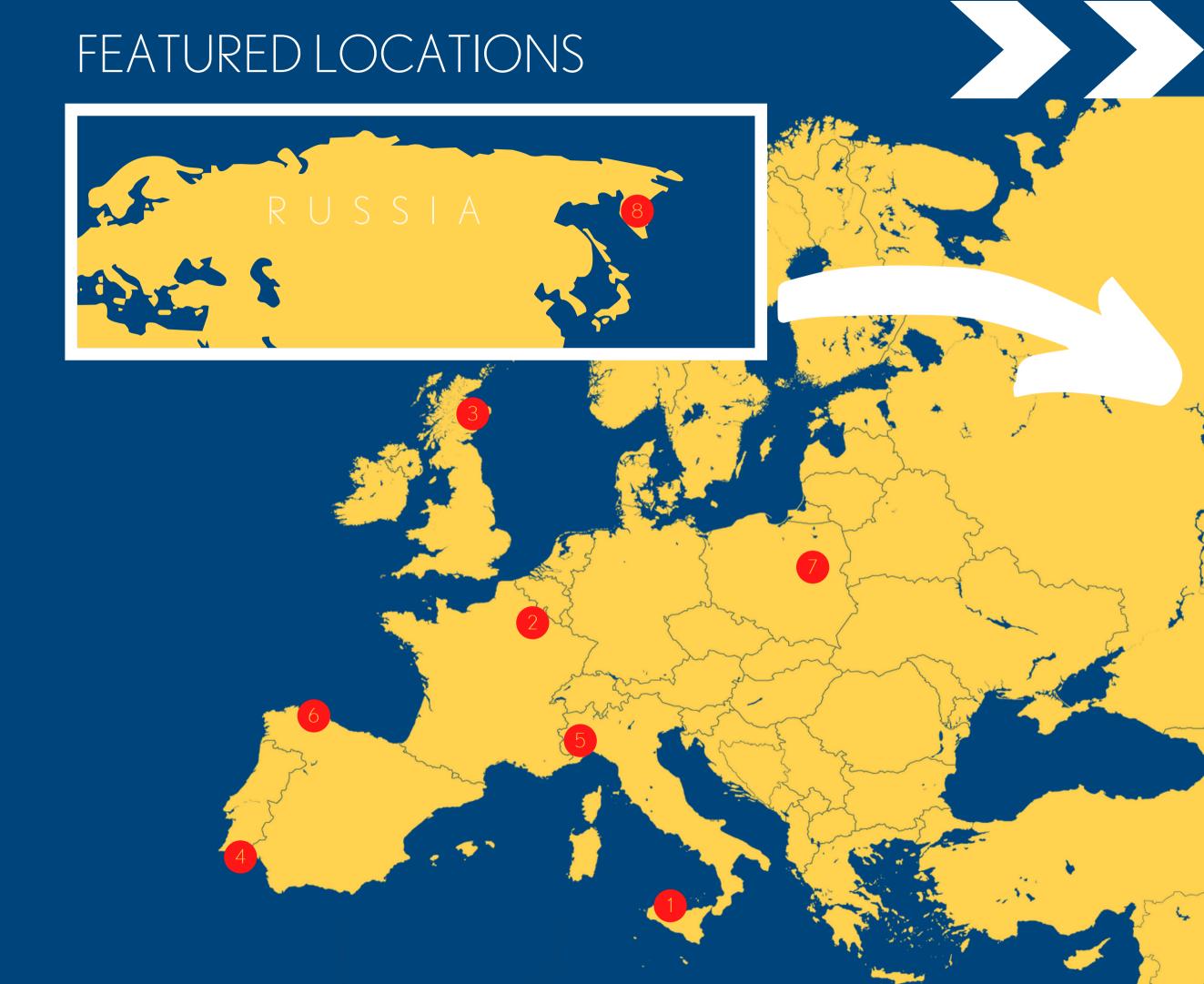
- Qualified chef or food/drinks expert
- Transfers to and from the starting point where appropriate
- Emergency phone contact

What should a guest bring?

We recommend that guests participating in A&K gastro experiences come equipped with:

- A will to learn and appreciate new flavours
- A fresh set of taste buds!

- 1. Palermo, Italy
- 2. Épernay, France
- 3. Speyside, Scotland
- 4. Faro, Portugal
- 5. The Langhe, Italy
- 6. Oviedo, Spain
- 7. Warsaw, Poland
- 8. Kamchatka, Russia



Palermo, Italy

Sicilian Street Food



Delve into the culinary culture of the Mediterranean's largest island via the scrumptious street food of Palermo and learn the secrets to making arancini rice balls

RECOMMENDED ITINERARY:

<u>A Sicilian Adventure</u>

Speyside, Scotland





Go deep into the heart of whisky's spiritual homeland for a special chance to try rare malts up to 40 years old in a private tasting at the long-established Glenlivet Distillery

RECOMMENDED ITINERARY:

<u>A Scottish Whisky Experience</u>

Épernay, France

Make your own Champagne



Enjoy a private workshop with the cellar master to understand the history of champagne and create your very own distinct blend

RECOMMENDED ITINERARY:

<u>A Taste of France</u>

Faro, Portugal

Eye-Opening Oysters



Team up with a professional oyster farmer in the beautiful Ria Formosa Natural Park and learn how to gather, prepare, and taste oysters fresh from the Atlantic

RECOMMENDED ITINERARY: Food, Wine & Algarve Adventures

The Langhe, Italy

Inhale the Barolo Bouquet



Discover one of the wine regions Italians love most with a private tour and Barolo tasting at an authentic family winery, beautifully set among the rolling hills of the Turin hinterlands

RECOMMENDED ITINERARY:

<u>Discover Piedmont & Turin</u>

Warsaw, Poland

Polish your Cooking Skills



Try your hand at traditional Polish cuisine with a lesson on pierogi-making, choosing fillings that range from beef to blueberries to get a flavour of the dumpling's versatility

RECOMMENDED ITINERARY:

<u>Culture & Cuisine in Poland</u>

Oviedo, Spain

Caving for Cheese



Prepare for surprise as a cheesemonger explains how underground caves are the perfect environment for local Cabrales to age naturally among the stalagmites

RECOMMENDED ITINERARY:

Northern Spain Family Adventure

Kamchatka, Russia

Fresh from the Ocean Floor



Take advantage of the remoteness of Russia's Far East to get closer to undisturbed sealife and have a sea urchin lunch delivered straight from sea bed to plate by a diver

RECOMMENDED ITINERARY:

<u>Kamchatka</u>



For questions on gastro experiences or luxury travel queries of any kind A&K Europe is here to support you.

Please do not hesitate to contact us and we will do our best to assist:

