

Abercrombie & Kent
UGANDA

Insider Access & Day Experiences
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CONTENTS

Our selection of **day experiences** encompass a wide selection of full and half day excursions allowing guests a tailor made experience to suit their individual interests.

Our **insider access** works to satisfy our guests' demand to delve into the culture of the country they are visiting – to understand, interact, and ultimately, to expand their own horizons and privy to the excitement of rare and authentic experiences in Uganda.

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Insider Access



The History of Uganda

Meet Edward, a lawyer by profession with a Masters in the History of Uganda, in the beautiful Entebbe Botanical Gardens and let him take you on a journey through the fascinating, sometimes turbulent, history of the Pearl of Africa.



Discussion with Dr. Birungi

Sit down with Dr. Birungi, the Executive Director of the Bwindi Community Hospital, and learn how he has taken the hospital from a outreach clinic under a tree to a 122 bed facility serving over 100,000 community members in the area.



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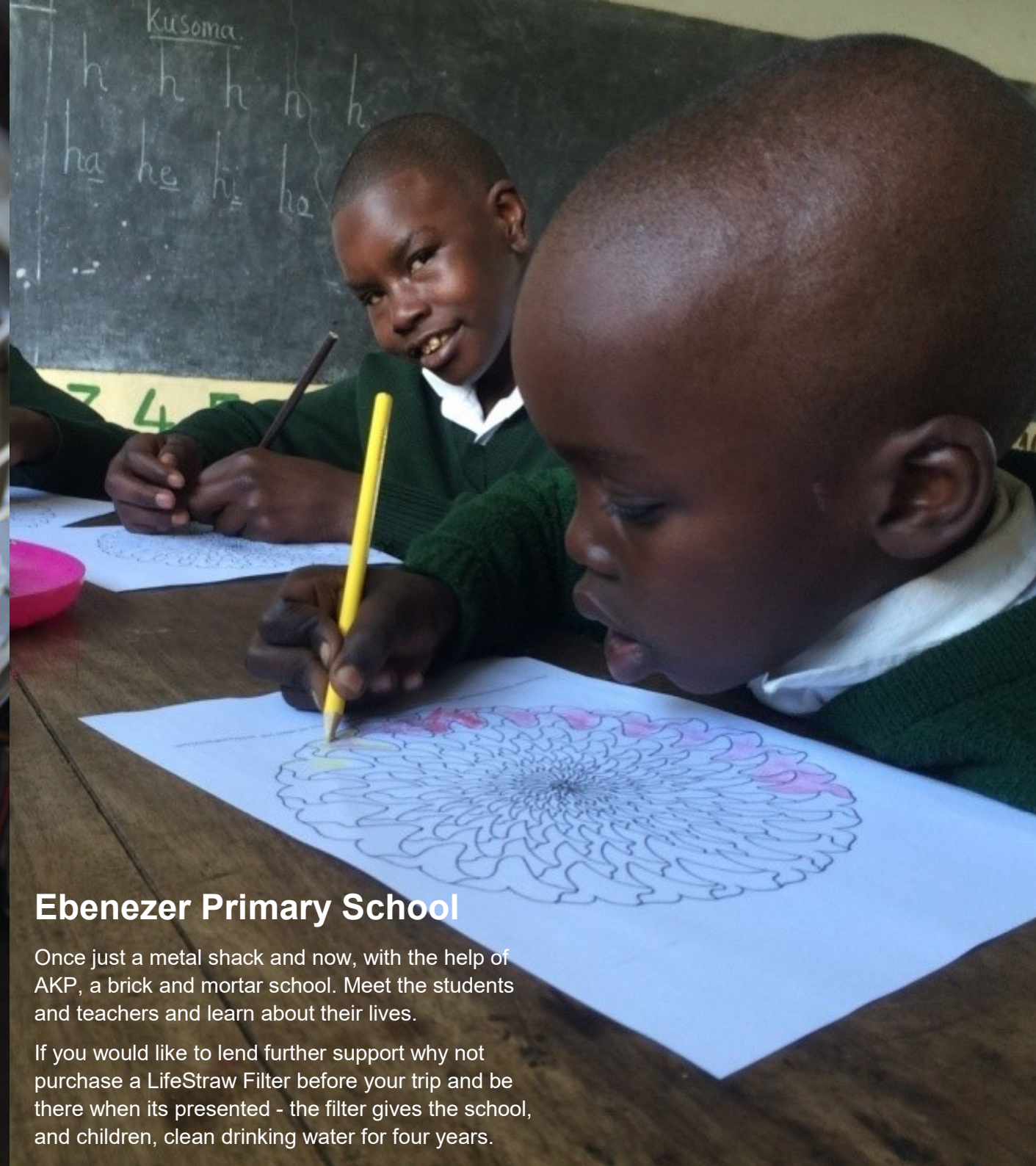


A&K Philanthropy

The Women's Bike Shop

Empowering women, breaking stereotypes and giving back to the community is what this shop is about. Visit the ladies and see the positive impact it has made on their lives and the lives of their families.

You can also purchase bikes in advance to donate to community members in need during your trip.



Ebenezer Primary School

Once just a metal shack and now, with the help of AKP, a brick and mortar school. Meet the students and teachers and learn about their lives.

If you would like to lend further support why not purchase a LifeStraw Filter before your trip and be there when its presented - the filter gives the school, and children, clean drinking water for four years.

The Bwindi Community Hospital & Nursing School

What started as an outreach clinic under a tree is today a 122 bed hospital thanks to the support of donors across the world. Visit the Bwindi Community Hospital and meet the mothers in the Waiting Mothers Unit, perhaps help by preparing a Mama Cares package for their little ones.

To combat the nursing deficit in the area AKP helped start the Nursing School - meet the students and find out why they are rated the best in the country.



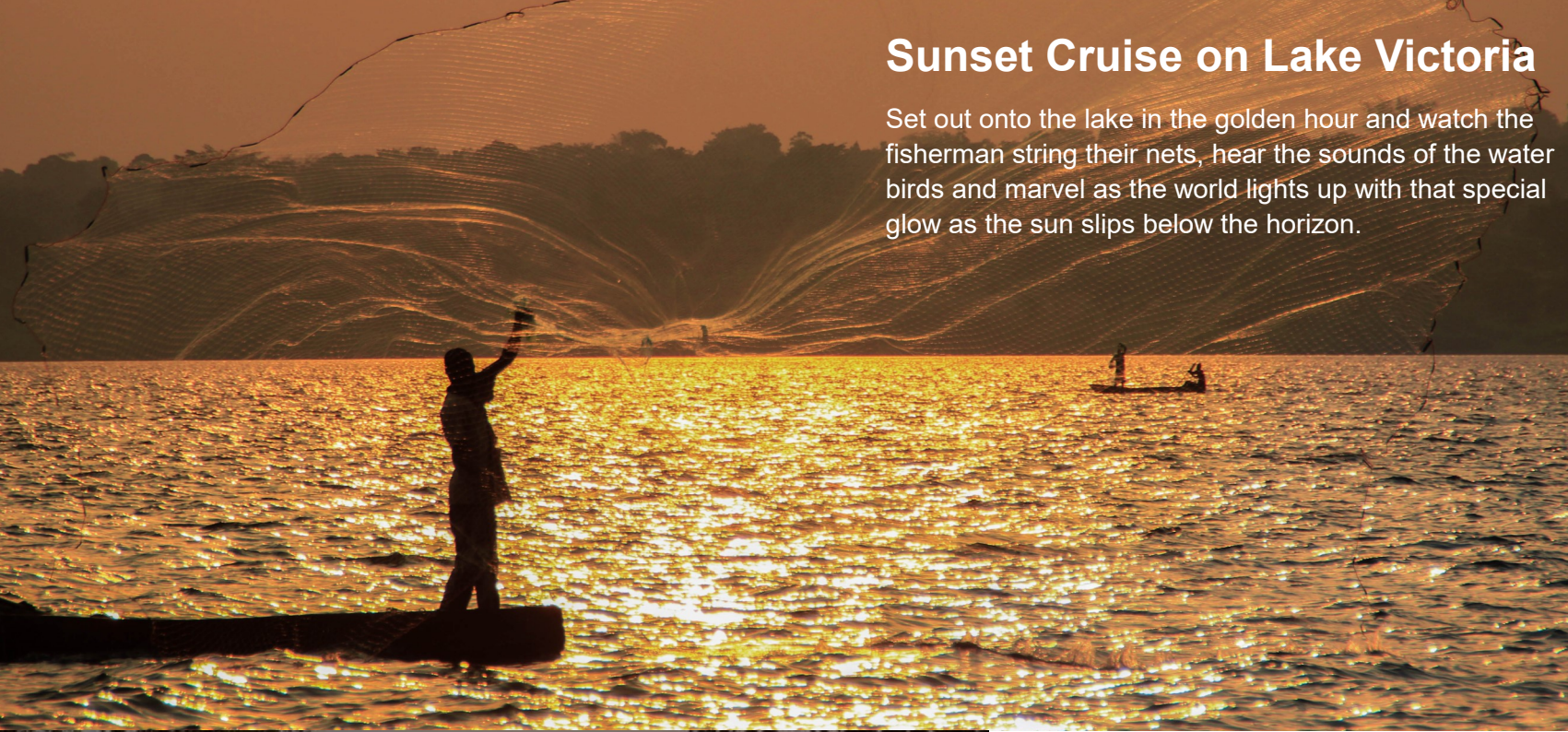
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Day Experiences



Sunset Cruise on Lake Victoria

Set out onto the lake in the golden hour and watch the fisherman string their nets, hear the sounds of the water birds and marvel as the world lights up with that special glow as the sun slips below the horizon.



Explore the Entebbe Botanical Gardens

Located on the shores of Lake Victoria, established in 1901, the Botanical Gardens are a haven of peace in the city. Home to innumerable species of plants, birds and a number of primates, ambling through the gardens is a wonderful way to spend a few hours of a day.





The Uganda Wildlife Education Centre

Designed to rescue and rehabilitate sick and injured animals from Uganda's National Parks there are several ways you can interact with the wildlife at the center:

- **Go Behind The Scenes** - accompany a keeper for a few hours as they show you what goes into caring for these animals including feeding and clearing up after them.
- Have a **Close Up Chimpanzee** experience - help the keepers habituate new chimps into the current troop by taking them for walks around the island moat.
- You can **Be a Keeper For a Day** - help the team feed the animals, clean out their enclosures and of course participate in play time.



The Tombs of the Kings

Visit the Kasubi Tombs which is the burial center of the Buganda Kings and still as very spiritual place for the people of Uganda today. The thatch buildings have been maintained over the generations ensuring the original structures still survive.



Visit the Namirembe Cathedral

Explore Uganda's oldest cathedral and learn about its fascinating history - including how it has been rebuilt five times.



Nakasero Market & Crafts Village

Try out your bargaining skills and search for hidden treasure at the Nakasero Market & Crafts village in the center of Kampala.



Tracking Chimpanzees

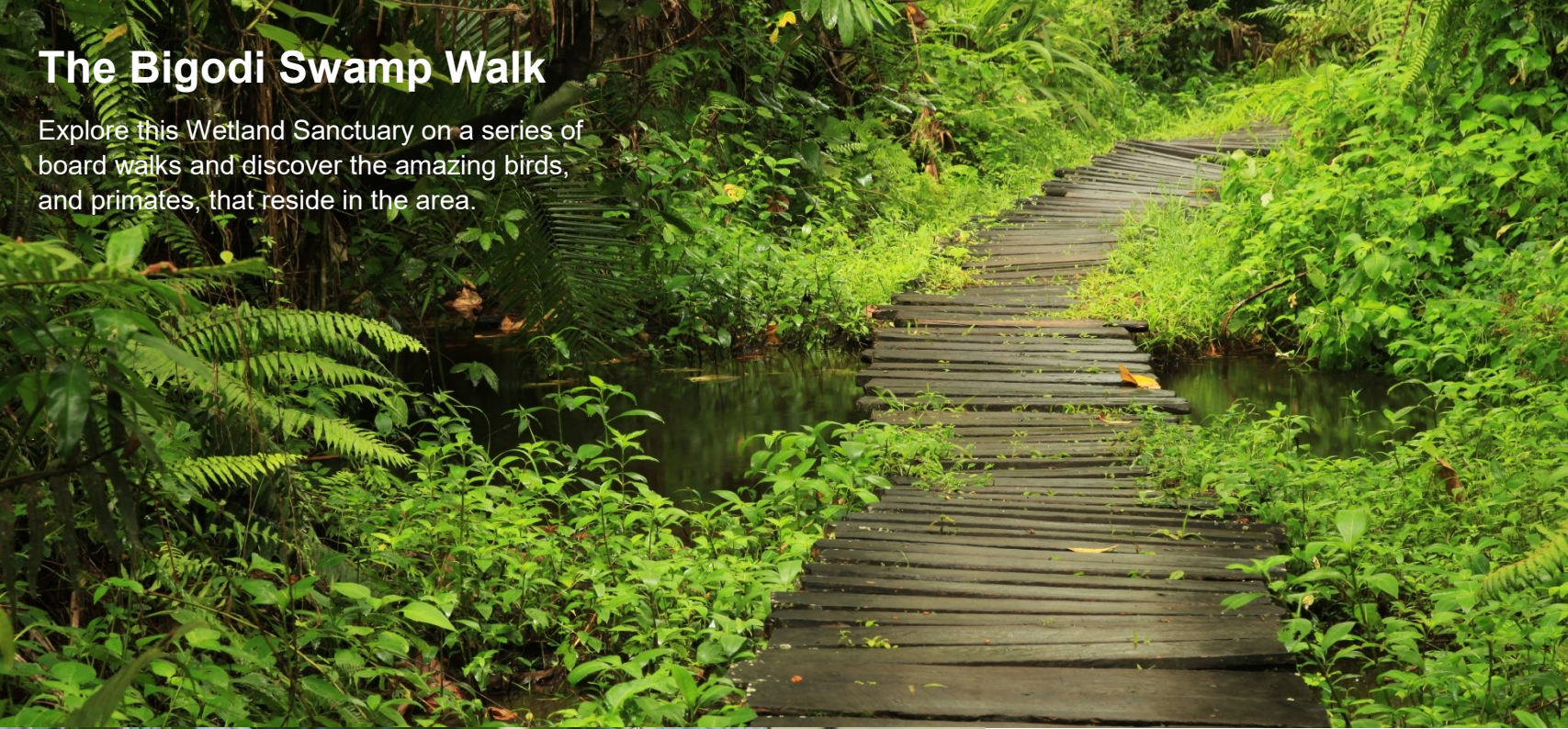
A thrilling, often fast paced, activity that is hugely rewarding. Watching a family of chimpanzees move through the forest, feed and interact with each other is simply thrilling.

For those that would like a more in depth experience a chimpanzee habituation experience is also available.

Chimpanzee tracking can be done in both Kibale Forest National Park and the Kyambura Gorge.

The Bigodi Swamp Walk

Explore this Wetland Sanctuary on a series of board walks and discover the amazing birds, and primates, that reside in the area.



Forest Walks

Wind your way through the tropical forests of Uganda and marvel at the birds, butterflies, primates and mammals that reside here. Walks can be done in Kibale and Bwindi National Parks.



Exploring Murchison Falls

Set out on the Nile River in Murchison Falls National Park and take in the astounding 360° scenery. There are several options available:

- Cruise up to the waterfall - a must do for anyone. The sound of millions of gallons of water being squeezed through a eight meter (22 feet) gap is overwhelming. You can also choose to do this in the afternoon and combine it with a sundowner.
- Explore the Delta - motoring in the opposite direction to the waterfall the delta is a wetland haven, especially for birds.
- Sunrise or Sunset - explore the river in the early morning or at dusk for some unique photographic opportunities.
- Fishing in Murchison - set out on a catch and release mission on the Nile river and see if you can hook a Nile perch, tiger-fish or a catfish. The heaviest Nile perch ever caught was an astounding 113kg (249lb).
- Walk to the top of the falls - a great way to stretch the legs and take in the incredible views from the top of the falls.

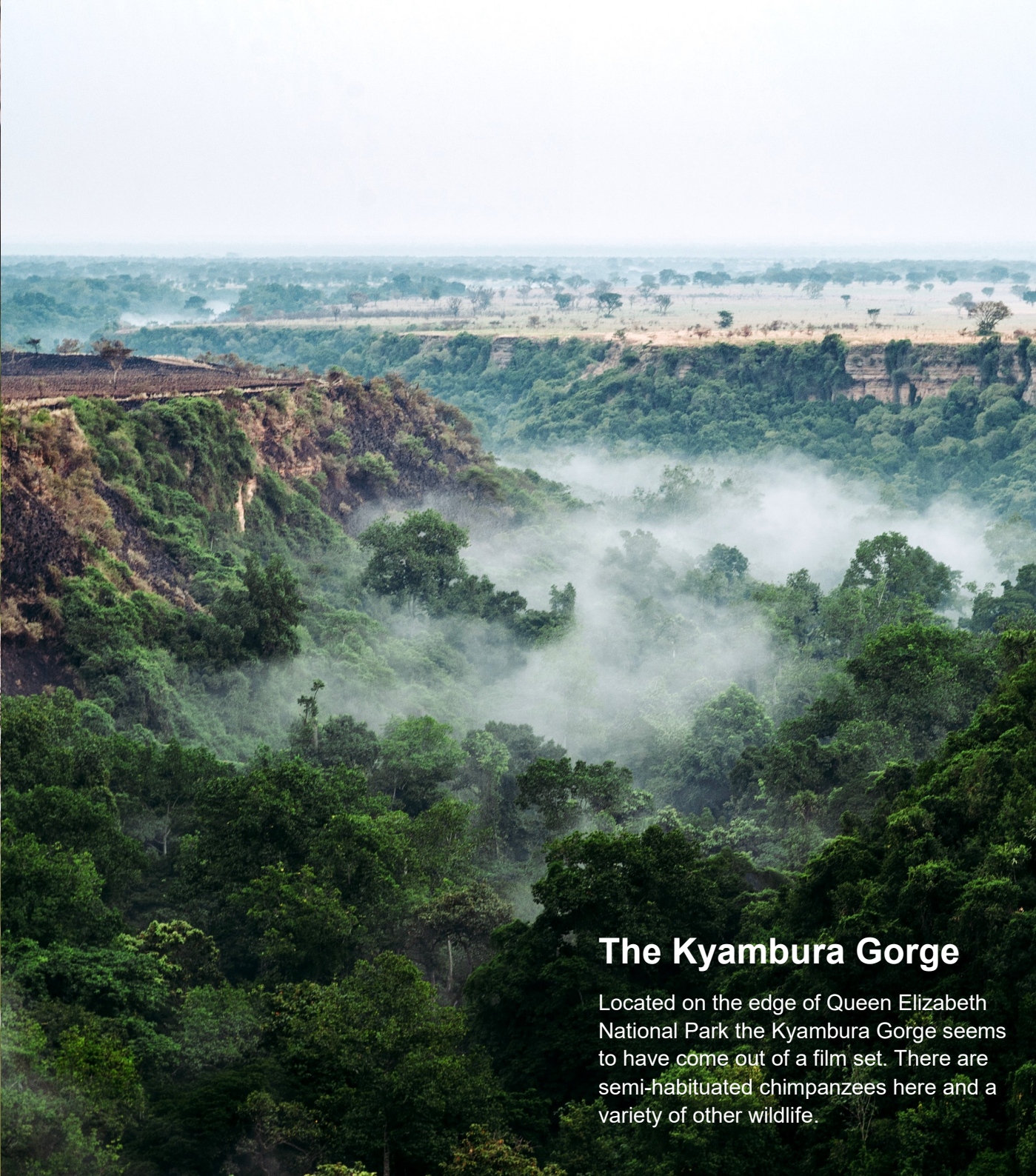


Cruise the Kazinga Channel

Linking Lake Edward and Lake George in Queen Elizabeth National Park a cruise down the channel provides unique photo opportunities as the wildlife comes down to drink and cool down.



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The Kyambura Gorge

Located on the edge of Queen Elizabeth National Park the Kyambura Gorge seems to have come out of a film set. There are semi-habituated chimpanzees here and a variety of other wildlife.



Explore the Forest with the Batwa Tribe

The Bwindi Impenetrable Forest was the home of the Batwa pygmy tribe - set off for a morning exploring the forest with members of the tribe; see how they hunt, which plants are good to eat and which berries are poisonous.



Meet the Community

Walk through the villages surrounding the Bwindi Impenetrable Forest and meet various interesting members of the community such as the local medicine man and the banana gin brewer, perhaps even try some gin for yourself.



Waterfalls & Butterflies

Although well known for its gorillas Bwindi is also home to a huge number of butterflies and various pretty waterfalls. Set out on a morning or afternoon walk to discover these delights.



Gorilla Tracking

A bucket list experience, this is a must do - you get one hour with these magical creatures once you find them.

For those interested in a more in depth experience set out on a Gorilla Habituation track and spend four hours with the family that are being habituated by the researchers.