

## Suggested Reading List for Ecuador

### Books

#### **A Photographic Guide to Birds of Ecuador and Galápagos** (*Clive Byers*)

Photography.

#### **Birds of Ecuador** (*Murray Cooper*)

Photography.

#### **Ecuador from Above** (*Jorge Juan Anhalzer*)

Photography.

#### **Ecuador, Galápagos Islands Map** (*National Geographic*)

This book, with its comprehensive information, is uniquely designed for adventure travelers. The map delivers unparalleled detail of the entire country and its recreational, historical, cultural and natural destinations. Pinpointed spots include beaches, wildlife areas, archeological sites, churches and areas for camping, surfing, fishing and diving. A list of cities and towns with a user-friendly index is provided along with a road network of highways, major and secondary roads, shown with distances. Unsurfaced and 4-wheel-drive roads are mapped for those wishing to get off the beaten track. Other displayed travel aids include airports, airfields, harbors, anchorage sites, railroads, ferry routes and border crossings with neighboring Colombia and Peru.

#### **Lonely Planet Ecuador** (*Lonely Planet*)

The historic centers of Quito and Cuenca are lined with photogenic plazas, 17th-century churches and monasteries, and beautifully restored mansions. Wandering the cobblestone streets amid architectural treasures from Spanish colonial days is a fine way to delve into the past. Beyond the cities, the Ecuadorian landscape unfolds in all its startling variety. There are Andean villages renowned for their colorful textiles and sprawling markets, Afro-Ecuadorian towns where days end with meals of fresh seafood and memorable sunsets, and remote settlements in the Amazon where shamans still harvest the traditional rainforest medicines of their ancestors.

#### **Personal Narrative of a Journey to the Equinoctial Regions of the New Continent: Abridged Edition** (*Alexander von Humboldt*)

One of the greatest nineteenth-century scientist-explorers, Alexander von Humboldt traversed the tropical Spanish Americas between 1799 and 1804. By the time of his death in 1859, he had won international fame for his scientific discoveries, his observations of Native American peoples and his detailed descriptions of the flora and fauna of the 'new continent'. The first to draw and speculate on Aztec art, to observe reverse polarity in magnetism and to discover why America is called America, his writings profoundly influenced the course of Victorian culture, causing Darwin to reflect: 'He alone gives any notion of the feelings which are raised in the mind on first entering the Tropics.'

#### **The Panama Hat Trail** (*Tom Miller*)

Critically acclaimed author Tom Miller reveals the making and marketing of one Panama hat, from the straw fields of Ecuador's coastal lowland to a hat shop in Southern California. Along the way, the hat becomes a literary device allowing Miller to give us his impressions from the tributaries of the Amazon to the mountainsides of the Andes. The Panama Hat Trail is at once a study in global economics and a lively travelogue.

#### **The Rough Guide to Ecuador** (*Melissa Graham, Harry Ades & Shafik Meghji*)

The new, full-color Rough Guide to Ecuador and the Galápagos Islands is the definitive travel guide to this captivating country. In-depth coverage of Ecuador's incomparable wildlife, vibrant indigenous cultures, and awe-inspiring scenery takes you to the most rewarding spots — from the

Amazon rainforest to the heights of the Andes to glorious, laid-back beach resorts. Stunning color photography brings the land to life on the pages.

**The Travels and Reaserches of Alexander von Humboldt** (*William MacGillivray*)

In 1832, William MacGillivray published this abridged version of the explorer and naturalist Alexander von Humboldt's Personal Narrative of Travels to the Equinoctial Regions of the New Continent During the Years 1799-1804, which had appeared in a seven-volume English translation between 1814 and 1829. MacGillivray's edition, intended for the general public, also includes Humboldt's accounts of his explorations of the Ural Mountains and Caspian Sea. Humboldt became a major figure in physical geography as a result of his arduous five-year trip to explore Central and South America.

**Voyage of the Beagle** (*Charles Darwin*)

The circumnavigation of the globe would be the making of the 22-year-old Darwin. Five years of physical hardship and mental rigor, imprisoned within a ship's walls, offset by wide-open opportunities in the Brazilian jungles and the Andes Mountains, were to give Darwin a new seriousness. As a gentleman naturalist, he could leave the ship for extended periods, pursuing his own interests. As a result, he spent only 18 months of the voyage aboard the ship.

**Websites**

Ecuador <https://ecuador.travel/en/>

Ecuador.com <https://www.ecuador.com/>

**Blogs**

Two Wandering Soles <https://www.twowanderingsoles.com/ecuador>

Gringos Abroad <https://gringosabroad.com/ecuador-travel/>